

The 7th World Taijiquan Health Congress Regulations

I. Date and Place

The 7th World Taijiquan Health Congress will be held from November 10 to 12, 2018 in Gaoming District, Foshan City, Guangdong Province, P.R. China.

II. Host Organizations

Wushu Administrative Centre of General Administration of Sport of China

Chinese Wushu Association

III. Co-organizers

Guangdong Wushu Association

Foshan Sports Bureau

People's Government of Gaoming District

IV. Participants

Wushu teams, organizations and individuals from all countries or regions may enter for the competition.

- V. Competition Events
- i. Individual Events
 - (i). Compulsory Events

Taijiquan: Chen Style, Yang Style, Wu(吴) Style, Sun Style, Wu(武) Style, 42
Forms and 24 Forms Taijiquan, Taiji(Ba Fa Wu Bu), 42 Forms Taiji Sword and 32 Forms Taiji Sword

(ii). Traditional Events

Chen Style (weapon), Yang Style (weapon), Wu(吴) Style (weapon), Sun Style (weapon), Wu(武) Style (weapon), Dongyue Style (weapon)

- (iii).Other traditional Taijiquan (weapon)
- ii. Dual Events

All kinds of Taijiquan (weapon) dual routines



iii. Group Events

- (i). Chen Style Taijiquan (weapon)
- (ii). Yang Style (weapon)
- (iii). Wu (吴) Style (weapon)
- (iv). Sun Style (weapon)
- (v). Wu (武) Style (weapon)
- (vi). Other group events of traditional Taijiquan (weapon)

VI. Participation Methods

- i. Each team may enter 1 team leader, 1 coach and 1 team doctor and 20 athletes. Male and female are both allowed.
- ii. One participating athlete may enter for at most 1 event of Taijiquan and 1 event of Taiji Weapon, and can enter for dual events and group events.
- iii. Every team may only enter for 1 group event. The number of athletes in one group cannot be less than 6 people (Any team whose athletes are less than 6 will not be arranged). Gender and age group are unlimited.

VII. Competition Methods

- i. The competition shall implement the "Competition Rules of Traditional Wushu Taolu" (2012) endorsed by the Chinese Wushu Association.
- ii. 42 forms, Chen Style, Yang Style, Wu(吴) Style, Sun Style, Wu(武) Style Taijiquan and 42 forms Taiji Sword adopts respectively the "Taijiquan Competition Routines" and "Four-form Taijiquan Competition Routines" published by the original Wushu Research Institute of the General Administration of Sports and the "Wu (武) Style Taijiquan Competition Routines" published in 1996 and "Taiji Sword Competition Routines" published in 1991.
 - iii. Time Limit
- (i). Taijiquan shall be less than 4 minutes. The head judge will blow a whistle when the athlete performs to 3 minutes.
- (ii). Taiji apparatus routine shall be less than 3 minutes. The head judge will blow a whistle when the athlete performs to 2 minutes.
- (iii). Dual events shall be less than 3 minutes. The head judge will blow a whistle when the athlete performs to 2 minutes.



- (iv). The compulsory routines shall be performed in order of the routine and the movements shall not be added nor deleted. No deduction will be made if a routine is not completed.
- (v). Group event shall be less than 4 minutes. Music must be accompanied to the routine (CD or MP3 player shall be prepared by the participating teams). No lyrics are allowed; otherwise, 0.1 point will be deducted by the head judge. 0.1 point will be deducted if a group performs without music. The team manager or coach shall be responsible for playing the music.

iv. The individual events are divided by age groups:

Group A: below age 12 (born after January 1, 2007)

Group B: age 12 - 17 (born between January 1, 2001to December 31, 2006

Group C: age 18 - 39 (born between January 1, 1979 to December 31, 2000)

Group D: age 40 - 59 (born between January 1, 1959 to December 31, 1978)

Group E: age 60 and above (Born before December 31, 1958)

VIII. Placing and Awards

- i. Individual events: In each age group, the first prize will be awarded to the top 20% of men and the top 20% of women respectively; the second and third prize will be awarded to 30% of participants respectively. They will be conferred the award certificates and medals, and others will be conferred certificate of participation. The number of award is subject to actual number of participants, rounded down the numbers.
- ii. Dual events: 2-person teams, 3-person teams, bare-handed vs. barehanded, bare-handed vs. apparatus, apparatus vs. apparatus and other kinds of Taijiquan dual events will be ranked separately on the basis of the above mentioned criteria.
- iii. Group events: In Taijiquan, Taiji weapon and the combined group of Taijiquan and Taiji weapon respectively, the first prize will be awarded to the top 20% of teams, the second prize and the third prize will be awarded the top 40%. The number of award is subject to actual number of participants, rounded down the numbers.
- iv. Those events with less than 6 competitors will be grouped together in General Barehanded or General Apparatus for men and women.

IX. Entry and Registration



- (i). Online Registration System URL: ctwushu.justtool.com. Iphone:18064684229.
- (ii). The deadline of the final entry is 24:00 October 10, 2018.
- (iii). The Final Entry Forms shall be printed in three copies (in A4 format) and officially stamped. The participating teams are required to send passport-sized photos, copies of passports, waiver of liabilities, personal accidental insurance as well as health certificates directly to the organizing committee via post.
 - ii. Registration
- (i). All teams are required to register at designated hotels on November 8, 2018. (See supplementary notices).
- (ii). If the participating teams in needs of the delivering services, their travel information, including the arrival dates, flight or train numbers, number of people, shall reach the Organizing Committee by fax or email before October 25, so that the Organizing Committee will make necessary arrangements.
 - (iii). Port and itinerary: See supplementary notices.
 - X. Financial Conditions
 - i. Expense standard
 - 3 star hotel: US\$70 per person per day (double room)

US\$86 per person per day (single room)

4 star hotel: US\$89 per person per day (double room)

US\$104 per person per day (single room)

- ii. If a team does not stay at the designated hotels, each person shall pay US\$ 500 for competition fees.
 - iii. The fees shall be paid full upon registration.
 - XI. Jury of Appeal and referees
- i. The composition and responsibilities of the Jury of Appeal are defined by the Decree of Jury of Appeal.
- ii. The referees will be selected and informed by the Chinese Wushu Association in due course.



XII. Contact Information

i. Social Activities Department of the Chinese Wushu Association

Address: No. 3, ANding Road, Chaoyang Dixtrict, Beijing

Post code: 100029

Contact telephone / fax: +86 10 64912172

Contact person: Zhang Luping, Chen Xiaohui

ii. Organizing Committee of the 7th World Taijiquan Health Congress

Address: Culture and Sport Bureau of Gaoming District, No. 88, Cangjiang Road, Hecheng

Street, Gaoming District, Foshan City, Guangdong Province, China

Post code: 528500

Contact telephone: + 86 757 88983168

Contact person: Mei shuxia (18676550012)

Email: 2568909793@qq.com

XIII. Other matters

- i. All the team leaders and coaches shall participate in the Organizing Committee Meeting and the Technical Meeting at 09:00 am on November 9 on time. The meeting venue will be notified upon your arrival.
- ii. Participants shall go through "Personal Accident Insurance" and "Health Certificate" formalities by themselves; otherwise, they shall not participate in the competition.
- iii. After registration, athletes shall go through physical check randomly made by the Medical Committee and shall be disqualified from the competition if they are found with medical deficiency.
- iv. All delegation teams should check the information in the Program carefully and thoroughly. If you find any mistakes in the name or events, the athlete, the team leader or coach can fill the application form, sign and send it to the Competition Department of Organizing Committee before 18:00, November 9 (Please present the contact person's phone numbers). The chief competition programmer will accept the change if the correction is in line with the original entry form, otherwise the application will be rejected.
- v. The athletes shall register at competition venue 30 minutes prior to the competition. If they are absent after three times roll call, they will be regarded as "abstention".
- vii. All of the athletes' competition results shall be cancelled if they do not participate in the competition without reason.



viii. The athletes shall wear traditional wushu costumes and shoes (The costumes and apparatus shall be prepared by the athletes).

ix. The regulation and rules can be downloaded from the Chinese Wushu Association athttp://www.wushu.com.cn.

XIV. Any matter not covered in the Regulations is subject to further notice.

- Related document in appendix: : 1.7th World Taijiquan Health Conference Schedule
 - 2. 7th World Taijiquan Health Conference Entry Form
 - 3. The 7th World Taijiquan Health Conference Waiver of liabilities